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**PATIENT ENGAGEMENT SYSTEMS INTRODUCES THE ESRD PREVENTION PROGRAM<sup>SM</sup>**

**Burlington, VT, December 3, 2013** - Patient Engagement Systems® (PES), a nationally recognized leader in developing technology to identify, and monitor individuals with chronic kidney disease (CKD), today introduced the Patient Engagement Systems' ESRD Prevention Program<sup>SM</sup> which uses proprietary technology including automated physician-patient engagement, analytics, and decision support tools to identify patients with undiagnosed chronic kidney disease and tools to monitor them in order to prevent or delay the progression to ESRD.

Patient Engagement Systems' ESRD Prevention Program provides up to 80% greater identification of patients with early stage renal disease. According to the American Society of Nephrology, if detected early in its progression, kidney disease can be slowed and the transition to dialysis delayed.

Physician Medical Groups who have piloted the Patient Engagement Systems' ESRD Prevention Program for more than one year have demonstrated better outcomes and lower costs through fewer inpatient admissions and ER visits.

Benjamin Littenberg, M.D., Chief Medical Officer of Patient Engagement System, said, "There's never been a more urgent call to action in the wake of recent studies that point to a high level of undiagnosed patients with chronic kidney disease and the related costs of caring for patients that end up in ESRD. We have developed a technology to identify these patients, bring them to the attention of their providers, and support them and the practices in developing and monitoring plans to prevent progression to ESRD."

Added Dr. Littenberg, "Once diagnosed with the help of our ESRD Prevention Program, physicians report that our timely decision support tools significantly help them to care for these patients according to published best practices to avoid or delay the onset of ESRD."

The National Kidney Foundation reports that treating patients with ESRD costs an average of \$70,000 per year.

Patient Engagement Systems' ESRD Prevention Program includes three modules:

- Detection and Surveillance  
This automated module identifies patients with CKD by reviewing current and historical laboratory data on a daily basis to identify and stage patients with kidney disease.
- Patient Engagement & Communications

This module is the engine that produces automated communications from the provider to the patient with the goal of getting the patient back into primary care at appropriate times. All communications are timely and personalized.

- **Analytics and Clinical Decision Support**

Clinical decision support for the primary care physician is provided by this third module. Flow sheets including clinical decision support enable the physician to more easily manage these patients. Also included are the tools clinic managers need to better manage physicians and their chronic disease patients. These include clinical work lists, and population management reports.

For information, please contact Stanley Goldstein, CEO, Patient Engagement Systems, [stanley.goldstein@patientengagementsystems.com](mailto:stanley.goldstein@patientengagementsystems.com), or 617-504-8853.

### **About Patient Engagement Systems®**

Patient Engagement Systems® (PES) is a nationally recognized healthcare services company dedicated to supporting its customers' goal of helping people with chronic diseases, specifically diabetes and chronic kidney disease, improve their health, and reduce costs. PES provides medical groups, IPAs, health plans, health systems and government agencies with automated patient engagement tools, timely clinical decision support and the analytics needed to better identify, manage and monitor these high cost patients. PES's signature platforms include the Diabetes Patient Engagement System<sup>SM</sup>, a chronic care management and patient engagement technology developed and tested in a five-year National Institutes of Health funded study that verified care process improvements and cost reductions and the Chronic Kidney Disease Patient Engagement System<sup>SM</sup>. PES is an IBM Global Entrepreneurial Partner, and is a 2011 URAC Bronze Awardee for Best Practice in Health Care Consumer Empowerment and Protection.

[www.patientengagementsystems.com](http://www.patientengagementsystems.com)