



Patient Engagement Systems Chronic Kidney Disease Solution Implemented Nationally

Novel Technology Helps Providers Improve Services for Widespread Underserved Chronic Disease

February 6, 2012 (Burlington, VT) – Patient Engagement Systems (PES), a health-care technology company that provides solutions for improving primary care for people with chronic diseases, is launching its new Chronic Kidney Disease Patient Engagement System (CKPES) with two clients in California. CKPES will enable these clients to better monitor, engage with, and manage patients who require attention for the health risks and progression of chronic kidney disease.

PES delivers better outcomes for CKD by attacking the problem through both provider and patient action. CKPES delivers critical clinical information to primary care providers to help them better adhere to recommended guidelines of care, such as the National Kidney Foundation’s KDOQI guidelines. CKPES also delivers personalized clinical information to patients to ensure they are aware of and activated for recommended care.

CKD afflicts almost 40 million Americans and one in six adults. Over two thirds of people with CKD are still in the early, manageable stages. However, many are without proper medical attention and risk progressing to renal failure requiring dialysis or transplantation. This makes it critical to remove the barriers to awareness, information, and treatment in order to take control of kidney health.

“CKD is often unrecognized, especially in its early stages,” explains Dr. Benjamin Littenberg, Chief Medical Officer for Patient Engagement Systems. “However, it is very manageable when it is detected before causing renal failure. This is the payoff for primary care providers - find your CKD patients early, manage them, and help them.”

With primary care providers already overburdened, the CKPES web-based informatics solution helps primary care providers deliver higher quality services to more patients, without increasing the burden on their staff, requiring manual data entry or report manipulation, or investing in new technologies.

“Because of P4P and quality goals, we think it important to improve in specific areas of care, like CKD,” said Yvonne Sonnenberg, Executive Director, Empire Physicians Medical Group in Palm Desert, CA. “Being an IPA, we need solutions that can provide value across multiple practices, even if they use different EMRs and clinical systems. We’ve had such a good experience with the PES diabetes system, a move to the CKD solution made sense.”

“We needed to get control of a very complex and expensive problem,” said Blair Bryson, Administrator for Choice Medical Group of Apple Valley, CA. “We decided that we needed specific information and reporting for our case managers and physicians...things we were not getting from our current systems. We expect that with Patient Engagement Systems, we will greatly improve the health and welfare for our diabetes and CKD patients and increase the effectiveness of our clinics to manage those patients.”

PES technology is the only chronic care management and patient engagement platform that has demonstrated effectiveness in an NIH funded study. The PES program received URAC’s 2011 Bronze Award for Best Practices in Health Care Consumer Empowerment and Protection.

For more information about PES, visit <http://www.patientengagementsystems.com>

About Patient Engagement Systems®

Patient Engagement Systems® technology creates patient engagement by enhancing communication between patient and caregiver and by delivering guideline based decision support to health-care providers. The PES system has demonstrated improved health outcomes and reduced costs in National Institutes of Health clinical study. PES has helped thousands of patients, physicians, and other care givers in Vermont, New York, California and Texas. Clients include physician organizations, health plans, public health agencies, and managed care organizations.

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